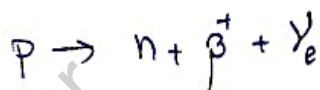


β^+ decay

For nuclides having N/Z too small, they emit a e^+ for stability.

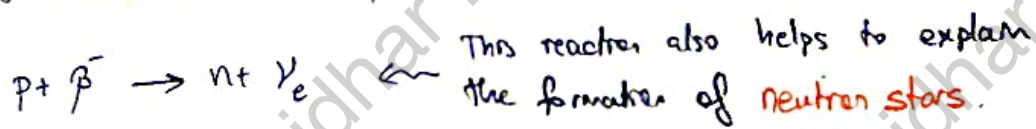
The basic process is:



β^+ decay can occur whenever the mass of the original neutral atom is at least two e^- masses larger than that of the final atom.

e^- capture

There are a few nuclides for which β^+ emission is not energetically possible but in which an orbital e^- (usually in the K shell) can combine with a proton in the nucleus to form a n and a ν_e . The n stays in the nucleus and ν_e is emitted. The basic process is:



e^- capture can occur whenever the mass of the original neutral atom is larger than that of the final atom.

Note that all these three β decays occur **within** a nucleus.

β^- decay can also occur outside the nucleus.

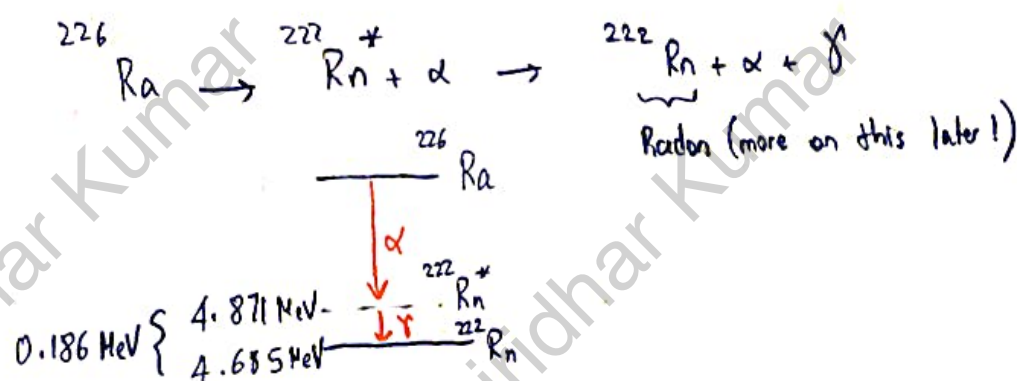
β^+ decay is forbidden by conservation of mass-energy for a p outside nucleus.

The e^- capture can occur outside the nucleus only with the addition of some extra energy, in a collision.

γ Decay

Nucleus being trapped in a potential well has quantized set of energy levels. In ordinary physical & chemical transformations the nucleus is always in its **ground state**. When a nucleus is placed in an **excited state** either by bombardment with high-energy particles or by radioactive transformation, it can decay into the ground state by emission of one or more photons with typical energies: 10 keV - 5 MeV, therefore they are in the **gamma rays** spectrum.

Ex: Recall ^{226}Ra α -decay, in one of the decay channels we had



In the γ decay, the element does not change; the nucleus merely goes from an excited state to a less excited state.

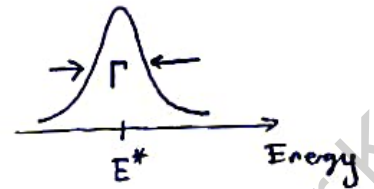
Width vs. Lifetime

An excited (nuclear) state has a finite lifetime within which it decays to a lower state. According to the **energy-time uncertainty**

principle, if an average nucleus survives in an excited state only for the lifetime T of the state, then its energy in the state can be specified only within an energy range Γ ,

$$\Gamma = \frac{\hbar}{T}$$

Excited states are, therefore, **not perfectly sharp**.



Ex: A typical β -decaying state has a lifetime $T \sim 10^{-10}$ s.

$$\Gamma = \frac{\hbar}{T} \sim \frac{10^{-15} \text{ eV} \cdot \text{s}}{10^{-10}} = 10^{-5} \text{ eV}$$

In comparison to the typical energy $E = 1 \text{ MeV}$ of such a state,

Γ is extremely small.

$$\frac{\Gamma}{E} \sim 10^{-11}$$

This minute value of the ratio will lead to a remarkably accurate solid-state spectroscopy technique, **Mössbauer spectroscopy** with a sensitivity of a few parts in 10^{11} (which follows from above consideration).